

## Third Sector Briefing Note

### Perth and Kinross Integration Joint Board (IJB) – 3 February 2017

*Produced by Helen MacKinnon, Chief Officer – TSI at PKAVS, Third Sector representative on the IJB for the Third Sector Health & Social Care Strategic Forum. Please note that this should not be taken as a minute of the meeting, but as an overview of the papers presented and a summary of specific points raised and responded to on behalf of the Third Sector Forum.*

*For queries and feedback please email [helen.mackinnon@pkavs.org.uk](mailto:helen.mackinnon@pkavs.org.uk)*

**The Integration Joint Board meeting papers are published in full online. To view papers, please visit <http://www.pkc.gov.uk/article/18892/Integration-Joint-Board-3-February-2017>**

#### **Items 1-5: Welcome, Declarations, Minute, Action Point Update and Matters Arising**

There were no points in relation to the above items to make on behalf of the Third Sector Forum.

#### **Item 6: Chief Officer Update**

The Chief Officer provided a report detailing an overview and update of work across the Health and Social Care Partnership, with a focus on projects under the five strategic planning themes:

**Prevention and Early Intervention:** In early 2016, partnership met with the Head of Partnership from the Scottish Government's Integration Directorate to review the delayed discharge position and offer advice. A report with recommendations was prepared in June 2016 and the partnership and acute teams have been working collaboratively to improve the patient journey and embed a person-centred approach. There has been a strong focus on changing culture and behaviour and robust leadership.

There has been a positive reduction in the number of people delayed each day who are waiting for funding for a Care Home and a downward trend in length of delay waiting for a Care Home placement or a Social Care Assessment. The number of people waiting each day for a package of care is only showing a slightly downward trend.

**Person centred health, care and support:** It notes the new Carers (Scotland) Act 2016 and the package of provisions designed to support carers' health and wellbeing including: the duty on local authorities to provide support to carers, based on identified needs which meet the local eligibility criteria; a specific Adult Carers Support Plan and Young Carer Statement to identify needs and personal outcomes; a requirement for each local authority to have an information and advice service for carers.

*HM highlighted to the IJB that support for Carers was an example of mature cross-sector working in Perth & Kinross with good involvement of Carers, and that the partnership was currently preparing for the provisions within the Carers (Scotland) Act. On behalf of the Third Sector Forum, HM highlighted the need to ensure equity of access to support for Carers across Perth & Kinross, citing challenges in accessing respite opportunities in Highland Perthshire that had been highlighted at the Forum meeting. HM noted that the Carers Strategy Group was considering how it will coordinate with localities to help support equity of provision.*

The update also notes the Scottish Government's 'Health and Social Care Delivery Plan' which sets out the programme to further enhance health and social care services. The themes resonate with our Strategic Plan themes but an impact assessment of the document and gap analysis will be brought to the IJB meeting in March 2017.

**Working together with communities:** It notes the developing role of the IJB Public Partners and a meeting to review progress that had taken place recently. Increasingly, carers and service users will be involved in different points in the partnership, both at strategic level and in localities.

*The Forum had noted that localities were not mature enough to support carers and user involvement in a representative way and that clear vehicles through the Public Partners were required in the meantime. These points were picked up by the Chief Officer in his update, who referred to localities being in early stages of development and confirming that IJB Public Partners would have access to the senior management team to strengthen engagement.*

**Addressing inequality, inequity and promoting healthy living:** A meeting is in progress with NHS Tayside Equality and Diversity Lead and the Minority Communities Hub to further consider the challenges associated with gaining access to health and social care services when there are specific cultural and language barriers.

*HM highlighted to the IJB that local third sector organisations supporting minority ethnic communities and national organisation CEMVO were supporting the partnership in embedding race equalities in the partnership's strategic planning and commissioning. The work has been commissioned by the Scottish Government. A workshop would be delivered to the Strategic Planning Group in the Spring.*

**Making the best use of resources:** A workforce planning process is underway, being led by the Associate Director of Nursing. The plan will address current and future needs of services, supporting workforce change as we develop community-based models of care. The plan will reflect the complexity and priority of work, the skills required to deliver care and a plan to work alongside and share skills with service users, carers and partner organisations.

An update is provided on the contingency planning for mental health services. In December, it became apparent that the next rotation of junior medical staff in February 2017 would bring insufficient Junior Doctors to provide safe and sustainable cover for all in-patient facilities in Tayside seven days a week, 24 hours a day. As such, the invocation of the contingency plan is being planned from 1 February 2017. The plan introduces a temporary change for two elements of service. Out-of-hours services for residents of Perth & Kinross will move temporarily to Carseview Centre in Dundee. This affects approx. 1 person per day. General Adult Psychiatry in-patients in Stracathro Mulberry Ward will also move temporarily to Carseview Centre.

The decision is driven by the urgent need to maintain the safety of patients and does not pre-empt the outcome of the mental health service redesign transformation programme, which is due to report in 2017 after a 3-month consultation on the preferred option.

*The Forum had asked HM to clarify the temporary nature of the arrangements. In his update, the Chief Officer confirmed that the arrangements were under regular monitoring and review, with meetings taking place every 2 weeks. It was stressed that this arrangement is temporary and does not pre-empt the outcome of the mental health service redesign programme which aims to support a sustainable model for the future.*

*On behalf of the Forum, HM highlighted statistics (over the past 2 years) relating to the number of incidents occurring out of hours and the number of Police Scotland incidents where suicidal intent/ self-harm was an issue. These had been reported during the mental health strategy review. HM requested clarity over how these figures correspond with the quoted figure in the report of '1 person per day' being affected by the contingency arrangements. The Chief Officer confirmed that '1 person per day' equated more accurately to 1.4 persons per day, highlighting numbers affected in a year as 460 people, including 160 via Police Scotland. It was agreed that further discussion would take place to set the various statistics in context with each other.*

*On behalf of the Forum, HM highlighted the need for good communication around the temporary changes. HM proposed that guidance be prepared for community based services, individuals and families about what this temporary changes mean for them in terms of contact points, travel arrangements, support etc. HM noted that there are ongoing concerns around travel and implications for patient safety and wellbeing, and that more information is required to provide assurances.*

## **Item 7 - Financial Update**

This report provides an update on the financial performance of P&K IJB and an update on the development funding directly available to the Partnership to effect change.

The update notes a yearend forecast overspend of £303k. Within this net position, an over-spend of £2.4m is forecast in relation to the health services devolved by NHS Tayside offset by a £2.1m forecast underspend for social care services devolved to Perth & Kinross Council.

For the first two years of the IJB, following implementation of all recovery actions and identification of all uncommitted reserves, an overspend will be met by the partner with operational responsibility,

unless agreed otherwise by the IJB and partners. Discussions have been ongoing with NHS Tayside to confirm that the gross £2.4m overspend in relation to health will be managed by NHS Tayside as part of delivering a yearend breakeven position.

At the same time, where an underspend is evident, the Integration Scheme sets out that this will be retained by the IJB as reserves following agreement and dependent on certain conditions. Discussions have been ongoing with the council around the retention of the £2.1m forecast underspend as IJB reserves to support the strategic priorities of the IJB going forward.

The list of material underspends and overspend are noted in the paper.

The main driver of the forecast overspend for the IJB is the inability to identify savings plans to meet the significant NHS Tayside savings target - £2.188m shortfall, primarily across GP Prescribing and Hosted Services.

*The Forum was keen to understand the narrative behind the community care underspend of £1.050m excluding savings and how this affected provision of services on the ground in meeting need. It was highlighted during the report presentation by the Chief Finance Officer that the underspends were mostly driven by improvement activities. Full details are noted in section 6 of the report.*

### **Item 8 – Audit and Performance Committee**

The IJB previously agreed to the establishment of an Audit and Performance Committee as a Committee of the IJB. The paper shares the Terms of Reference, including amendments to clarify voting rights.

The Committee will review the overall internal control arrangements of the IJB and make recommendations to the Board regarding signing of the Governance Statement. It will be responsible for key duties relating to: Performance/ Best Value; Governance; Audit; and Standards.

A report details the key matters from the recent meeting including ongoing work relating to governance and concerns around responsibility and accountability between NHS Tayside and the IJBs.

*The Forum had queried the terminology of 'commissioning model' referenced in the Audit and Performance Committee Meeting Action Note and asked what was being done to resolve the challenge that different models in Tayside was creating. Before the IJB meeting, HM had asked the Chief Finance Officer for clarity on this term. The reference is in relation to where risk and responsibility sits between the IJB and its partners - Perth & Kinross Council and NHS Tayside. Perth & Kinross IJB's position is that our IJB has operational oversight of services and that the two partners have operational management responsibility and the associated risk. The IJBs in Dundee and Angus have a different understanding of their arrangements and of where responsibility and risk sits within this; this is currently being worked through between partner organisations and the three Chief Officers and Finance Officers across Tayside. It was also noted that our IJB is working with the Good Governance Institute for advice and external scrutiny.*

### **Item 9 – Performance Report on key elements of the Strategic Commissioning Plan**

The report provides a high level summary of the key elements of the Strategic Commissioning Plan including progress in achieving the 9 national outcomes for health and social care. It will inform the Partnership's annual performance report due for publication in summer 2017.

The report details key indicators against each of the 9 national outcomes. Some of these are prescribed by the Scottish Government to all partnerships and consist of qualitative and quantitative indicators. It also includes local indicators to measure the extent that services are delivering on local priorities and targets.

The date covers the period 2015-16 and compares to 2013-14 as these are the most recent national figures available. Further analysis of the data will be carried out by local teams and the joint senior management team.

The report highlights the areas where we are performing better than the previous year locally and against Scotland; areas for continued improvement; and other areas where performance had declined.

*During the meeting it was highlighted that users, carers and third sector had not been involved in reviewing performance to date and that Public Partner stakeholders had expected the Strategic Planning Group to be a place for this to happen. It was noted that the Strategic Planning Group would be reconvened shortly. HM noted that the Third Sector would like to contribute to the annual performance report as the report develops over the next few months, to highlight the effective impacts delivered through or in partnership with the third sector. HM suggested that the Strategic Planning Group could offer a route for this contribution.*

#### **Item 10 – Strategic Commissioning Plan Update**

A report updated on key actions within the Strategic Commissioning Plan 2016-19. It summarises the priorities for 2016-17 as previously agreed by the IJB against key milestones. Many of these relate to the partnership's transformation projects.

#### **Item 11 – Prescribing Management in Perth & Kinross**

The report updates the IJB on the NHS Tayside led programme of work to deliver GP Prescribing efficiency savings in 2016/17 along with a partnership plan that will help ensure all possible opportunities are explored in relation to quality, safe and cost effective prescribing.

A £4.5m savings target for 2016/17 was set as part of the annual budget setting process for NHS Tayside wide GP Prescribing. For Perth & Kinross, the share of savings is £1.479m. An NHS Tayside Prescribing Management Group (PMG) has been leading on the delivery of these savings. £396k of savings initiatives have been identified leaving a yearend forecast shortfall of £1.083m.

The PMG is progressing:

- A programme of prescribing visits by a lead GP and lead pharmacist to GP practices who are showing a greater degree of financial variance, to help practices identify improvements in good prescribing.
- GP practices have an 81% generic prescribing rate on average; work is to commence to increase this to 85%.
- Reviewing use of Oral Nutrient Supplements
- Work has begun to address a formulary compliance issue, with a proposal of stricter adherence to formulary first line choices and switching patients not currently prescribed first line choices.
- A rolling programme of quality visits to GP practices will work to reduce use of Lidocaine Plasters.

Perth & Kinross Medicines Management Group has a local plan to complement the PMG work and will also consider:

- Better management of repeat medication requests to reduce waste
- Revisit work with partners to reduce waste in care homes
- Work with third sector providers and others to consider alternative therapies to pain
- Re-establish robust poly pharmacy reviews to support patients with multi-medications

Public engagement and communications also took place over Christmas to drive more careful re-ordering of medication to reduce waste.

*HM welcomed the references to the voluntary sector within the work-plan and as noted by Head of Health during her introduction to the report. On behalf of Third Sector Forum colleagues, HM noted the importance of self-management, good dialogue with patients and social prescribing at a much earlier stage in a person's journey.*

*HM gave the example of third sector organisation Pain Association Scotland which supports chronic pain management. The organisation had noted the challenges of engaging GPs in signposting and referring, and despite having created documented referral pathways and systems to make this easy for GPs, it has only received 2 referrals in the last 12 months. HM noted that we are missing out important third sector sources of support for individuals within our pain management pathways.*

*HM noted that the Third sector is particularly interested in developing collaborative action to support chronic pain management and contributing to prescribing management goals, in terms of finance, practice and improved outcomes for people. A meeting with third sector and health colleagues will take place later this month.*

#### **Item 12 – Adult Support and Protection Biennial Report 2014-16**

The Adult Support and Protection Biennial Report 2014-2016 for Perth & Kinross was shared with the IJB. The cover report notes the definition of 'adults at risk' as defined by the Adult Support and Protection (Scotland) Act 2007 and the duties that the Act places on local authorities. It notes the work of the Perth & Kinross Adult Protection Committee, which is chaired by an Independent Convenor, and has a range of organisation and carer involvement.

It notes positive developments in relation to:

- Work with Care Homes to develop processes for dealing with challenging behaviour and incident reporting
- Improving quality assurance processes through an annual audit around large scale investigations
- Focus on financial harm – media campaigns and a bank's involvement in the Committee
- Multiagency operational guidance and policies updated and improved analysis of statistics
- Work with Police Scotland to ensure effective screening of vulnerable person reports to allow a more targeted approach to those at risk
- Establishing a Protecting People Communications Group in Perth & Kinross to coordinate the approach to public communication and engagement

An improvement plan is also in place and the report updates on progress.

#### **Item 13 – Accounts Commission Report into Social Work in Scotland**

The report provides Perth & Kinross IJB with the findings of the recent Accounts Commission examination of how effectively Councils across Scotland are planning to address the financial and demographic pressures facing Social Work Services.

It notes key recommendations for Councils and IJBs relating to:

- social work strategy and service planning
- governance and scrutiny
- workforce
- and service efficiency and effectiveness.