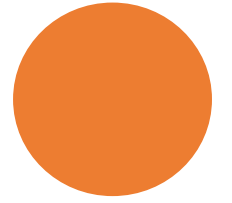


The logo features the words "SUPPORT" and "CHOICES" stacked vertically. "SUPPORT" is in a dark blue, bold, sans-serif font. "CHOICES" is in a multi-colored, bold, sans-serif font, with each letter in a different color: C (orange), H (pink), O (orange), I (yellow), C (pink), E (pink), S (yellow). Below the text is a semi-circular arc of small blue dots. The entire logo is centered within a light gray square, which is itself centered on a white background.

SUPPORT
CHOICES

- Working across Perth and Kinross
- Funding : Support in the Right Direction fund (SiRD)
- Established by 'Outside the Box'
- Independent charity since December 2020
- Office base in Dunkeld in Community co-working space



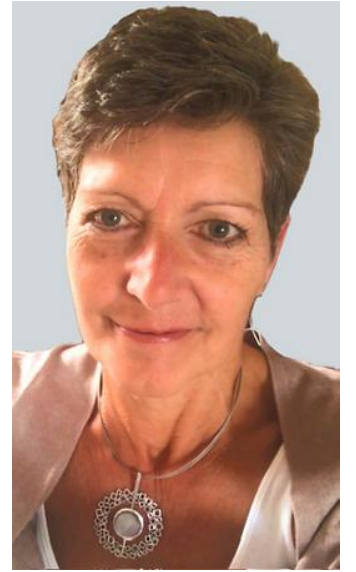
- 3 Community Workers (Sam, Vivian, Alison)

(Community Brokerage qualified)

- Manager (Richard)

- Administrator (Vicky)

- Board of Trustees



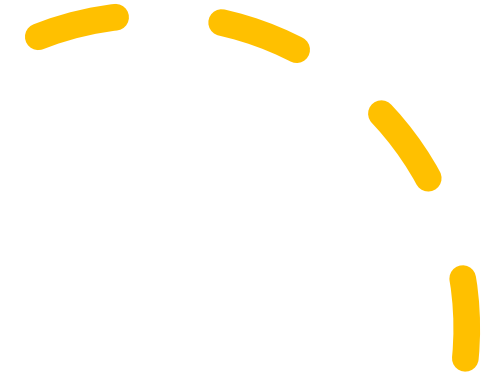
Our principles

- **Independence** – separate from statutory services
- **Impartiality** – not promoting one option over another
- **Person-centredness** – tailored to the individual's goals
- **Empowerment** – building the person's confidence and capacity





What we do.....



- S** – Support to navigate the social care system
- U** – Understanding your rights and entitlements
- P** – Promoting and strengthening the Personal Assistant (PA) workforce
- P** – Person-centred community brokerage
- O** – Objective, independent information and advice
- R** – Rights-based expertise in Self-Directed Support (SDS)
- T** – Tackling inequality and service gaps



Self Directed Support (SDS) is the way social care is delivered in Scotland

Based on values in action:

- **COLLABERATION**
- **PARTICIPATION**
- **DIGNITY**
- **RESPECT**

Social Care (Self-directed Support) (Scotland) Act 2013

published April 2014

updated October 2022



OPTION 1: Direct payment

You will receive the funds directly into your bank account to buy support yourself.



OPTION 2: Individual Service Fund

The council or other suitable organisation holds the budget, but you are in charge of how it is spent.



OPTION 3: Traditional Services

The council arrange a service for you



OPTION 4: Mixture of Options 1, 2 and 3

You can combine the options in the way that suits you best.

1. Initial Contact & Engagement

The individual contacts Support Choices to explore their needs and understand SDS. Impartial information is provided about SDS options, rights, and processes.

2. Support with Decision-Making

The person is supported to reflect on their goals and choose the SDS option.



3. Support with Assessment & Planning

Help is given with preparing for assessments and contributing to support planning.



4. Advocacy & Representation

Support is offered for meetings, appeals, and ensuring the person's voice is heard.



5. Support with Implementation

Practical help is provided to set up and manage the chosen SDS option.



6. Ongoing Support & Review

Continued assistance is available to review and adapt the support as needed.



Community Brokerage

Community brokerage is about supporting people in their own communities, through early intervention and maximising the use of community resources.

It includes supporting access to social care through any of the SDS options.

It is a way of working which encourages communities and individuals to be resilient and exercise choice and control.

The model of community brokerage was first established in Scotland at the time that Self-directed Support legislation came into effect.

Personal Assistants in Perth and Kinross

The Scottish Government: the minimum rate of pay for Personal Assistants will increase to £12.60 an hour from April 2025.

In Perth and Kinross the rate is £19.17/hr paid to the employer

Developing the PA workforce and recognizing the work they do

Supporting to upskill PA's through advice and signposting to relevant training

- Training Hub - <https://www.cilpk.org.uk/personal-assistants/>

Provide ongoing support

Advertising on behalf of families – Linking to PA's

Our biggest challenges



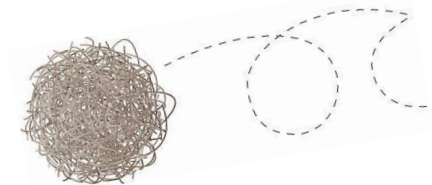
PERSONAL ASSISTANTS



SDS KNOWLEDGE

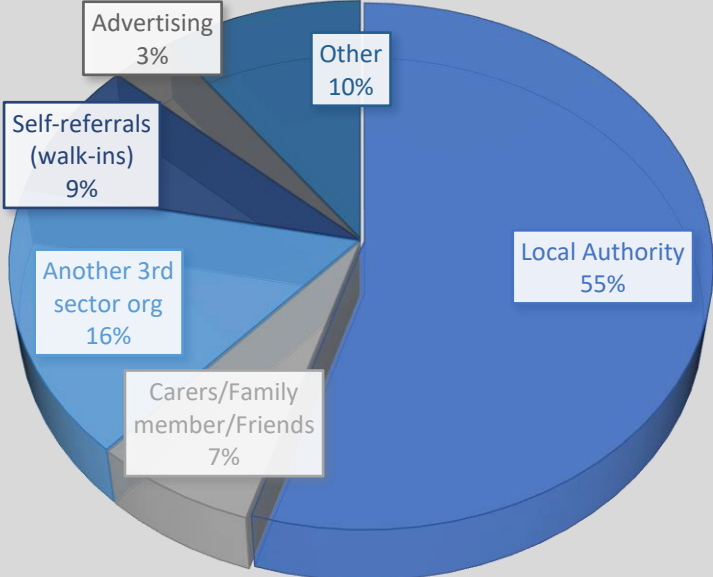


LACK OF SERVICES AND COMMUNITY RESOURCES

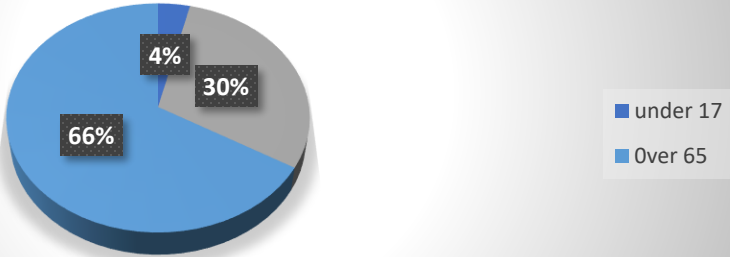


2024 statistics

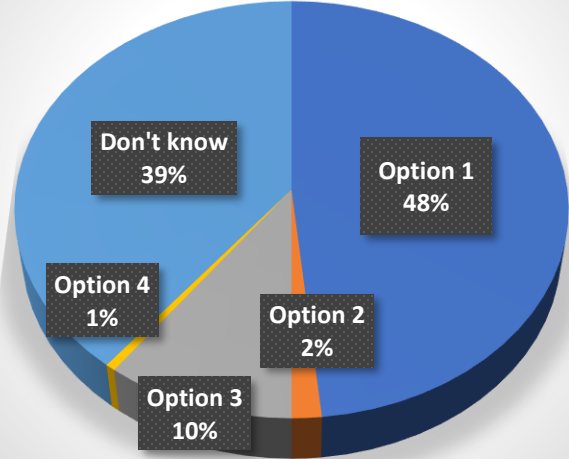
SOURCE OF REFERRAL



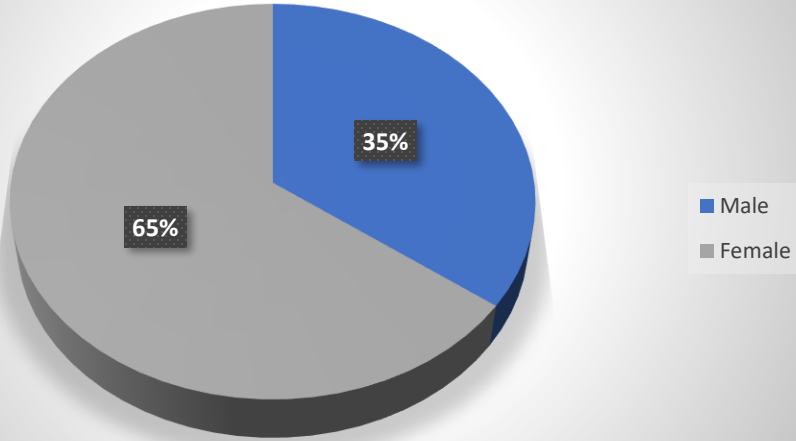
Age Group of referrals



SDS Option



Gender of referral



-
- www.supportchoices.co.uk
 - 01350 729130
 - info@supportchoices.co.uk

The logo for Support Choices features the word "SUPPORT" in a bold, blue, sans-serif font. Below it, the word "CHOICES" is written in a larger, multi-colored font where each letter is a different color: C (orange), H (pink), O (yellow), I (pink), C (orange), E (pink), and S (yellow). A dotted blue line forms a semi-circle underneath the word "CHOICES".

SUPPORT
CHOICES