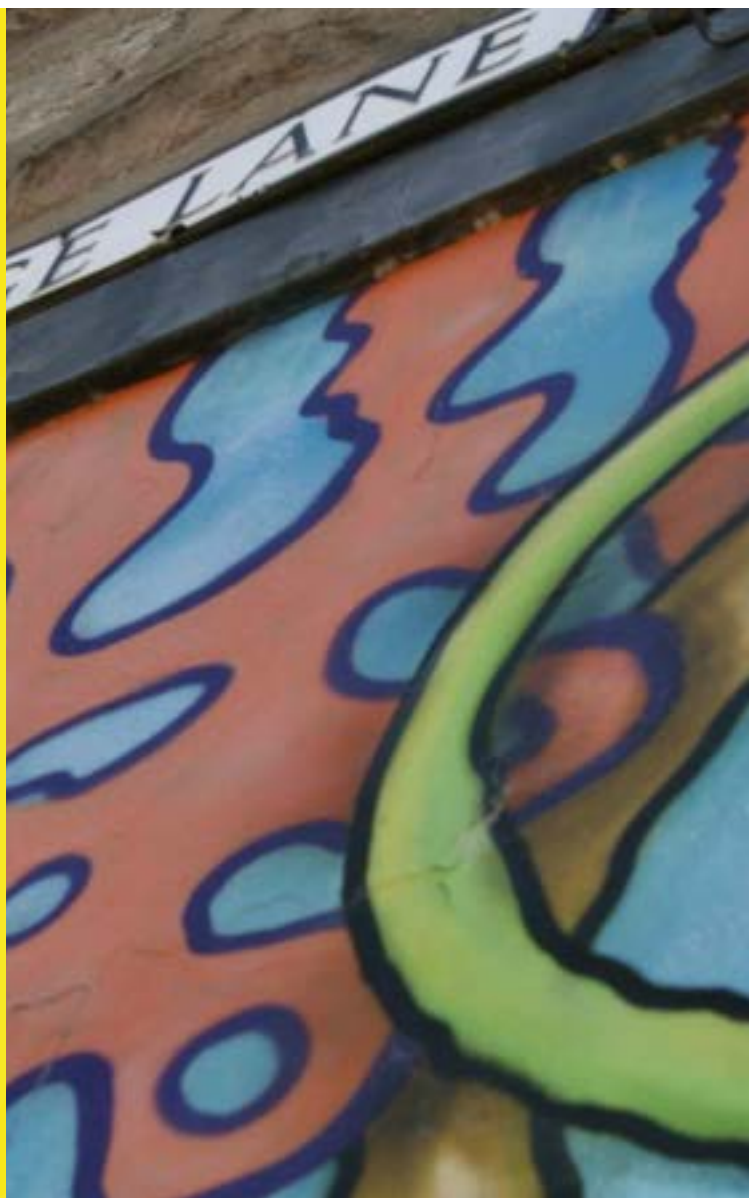


Making the Summer better for families

A one-stop Guide to help make the most of summertime



Introduction

Welcome to our one-stop information resource helping families make the most of summertime in Perth and Kinross.

From free and low cost kids activities to financial support, you will find links to events, resources and organisations that can help.

Summer holidays can be challenging. You are not alone. It's important to ask for the help you're entitled to. The links in this resource can help guide you to the right place.

'summer can be challenging, you are not alone...'

We will update this resource over the summer, so please check regularly. Some events/activities may get booked out due to demand. We've provided some other ideas, too.

Let's make the summer better

Free Summer Sports Activities

Free Weekend Family sports hall sessions + free swimming EVERY day in summer for U-16s at all Live Active pools: Perth, Kinross, Crieff, Blairgowrie and Aberfeldy

<https://liveactive.co.uk/summer-of-sport-announcement/>

Free sessions for pre-schoolers

Free pre-school sports sessions (18 months to 5 years) at venues across Perth and Kinross throughout the summer (booking required)

<https://liveactive.co.uk/whats-on-offer/preschool-summer-of-sport/>

Free sports sessions, age 5-18, for young people with Additional Support Needs. North Inch Community Campus and Glenearn Community Campus during the summer (booking required)

<https://liveactive.co.uk/whats-on-offer/asn-summer-of-sport/>





Free Summer Activities

Culture Perth and Kinross has a full programme including summer 'drop-in' 'Crafternoons' (no booking required)

<https://www.culturepk.org.uk/event/summer-crafternoons/>

Free Summer Activities for all

July 22nd: Lego Drop-In (Pitlochry) (no booking required)

<https://www.culturepk.org.uk/event/summer-library-lego-drop-in/>

July 25th: Hands On Art: City Making Workshop (Perth). Free Drop-in (no booking required)

<https://www.culturepk.org.uk/event/hands-on-art-city-making-workshop/>

July 29th: Storytime with the Fire Service (Scone) (booking required)

<https://www.culturepk.org.uk/event/story-time-with-the-fire-service/>

July 31st: BSL Storytelling (AK Bell, Perth) (booking required)

<https://www.culturepk.org.uk/event/bsl-storytelling-with-hazel-burns/>

August 4th: Lego Drop-In (Aberfeldy) (no booking required)

<https://www.culturepk.org.uk/event/summer-library-lego-drop-in-2/>





Free Summer Activities

August 5th: Musical Coding (Blairgowrie)
(booking required)

<https://www.culturepk.org.uk/event/musical-coding/>

Free Summer Activities for all

August 6th: Create with Remake (Crieff)
(booking required)

<https://www.culturepk.org.uk/event/create-with-remake-3/>

August 6th: Author Visit with local children's author Fiona Lowry (Scone)
(booking required)

<https://www.culturepk.org.uk/event/author-visit-with-fiona-lowry/>

August 7th: Blast Off Bookbug and soft play (Birnam) (no booking required)

<https://www.culturepk.org.uk/event/blast-off-at-birnam-library/>

August 13th: Create with Remake (Crieff)
(booking required)

<https://www.culturepk.org.uk/event/create-with-remake-4/>

Kids Week in Crieff

16 events over 5 days: mostly free activities for 5-year-olds to P7s run by volunteers from 20th to 24th July. Studio Art, Assault Course and Bouncy Castle, movie, balloon modelling, skate park, cycling sessions and more...(booking required for most sessions)

<https://linktr.ee/kidsweekincrieff?>



August 5th: Create with Remake (Auchterarder)
(booking required)

<https://www.culturepk.org.uk/event/create-with-remake-2/>



Free Summer Activities

Mindspace Young People's Team is running a programme of free Summer events across Perthshire including Guided Walks and Talks, Gardening Club, wild play and outdoor games and adventure sessions (ages 8-12)

<https://bookings.cloud.microsoft/book/MindspaceYoungPeoplesTeam@mindspacepk.com/>

Free Summer Activities for all

Mindspace Outdoor Wellbeing Sessions

<https://mindspacepk.com/services/young-people/yp-summer-programme/>

Summer Fun at the Hub

A packed programme of activities, mostly free, for children, families and adults throughout July and August. Activities open to all. Some need booked in advance.

(During the summer programme, kids can eat free at the Hub Café – terms and conditions apply).

Sessions include family sports, games nights, soft play, Kids Hour, Imagination Hub and Science Explorers Club.

To book, call 01738 444061 or email reception@letham4all.org.uk

<https://lethamhub.org/summer-2026-at-letham-hub/>

18th July: **Perth Autism Support Summer Fair**

Fun day for kids and adults
Perth Autism Support, 14 New Row, Perth,
PH1 5QA.
10am to 1pm. Just turn up.

<https://www.facebook.com/reel/878135658215938>



Free places to visit

Perth Art Gallery – also offers free Baby and Messy Play plus Hands on Art

<https://www.culturepk.org.uk/museum/perth-art-gallery/>

Free Places to visit

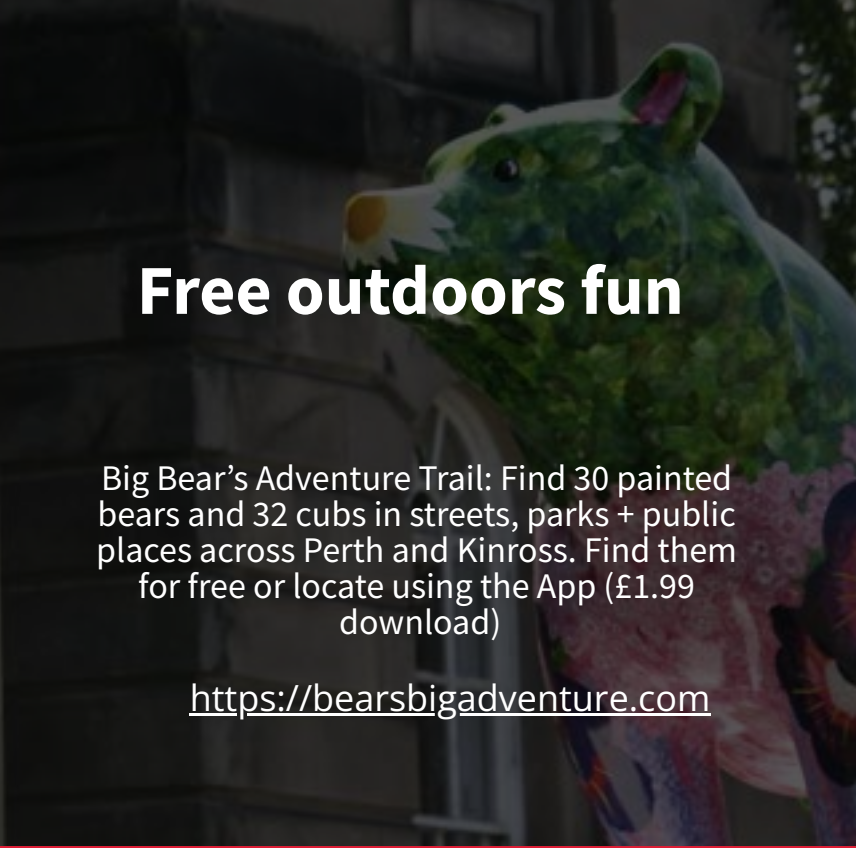
Perth Museum: Entry to the Permanent Galleries is free

<https://perthmuseum.co.uk>

Free green spaces + play parks



- The Hermitage Woodland Walks (Dunkeld)
- Kinnoull Hill Woodland Park (Perth)
- Quarrymill Woodland Park (Perth/Scone)
- Loch Leven Heritage Trail (Kinross)
- South Inch Playpark (Perth)
- North Inch adventure play area (Perth)
- The Knock of Crieff
- MacRosty Park splash area and playground (Crieff)
- Den of Alyth
- Birks of Aberfeldy
- Skateparks: Perth, Comrie, Pitlochry, Errol, Crieff, Blairgowrie



Free outdoors fun

Big Bear's Adventure Trail: Find 30 painted bears and 32 cubs in streets, parks + public places across Perth and Kinross. Find them for free or locate using the App (£1.99 download)

<https://bearsbigadventure.com>

Low cost Summer activities

For **all** low cost events run by Culture Perth and Kinross over Summer, including Coding and Junk Modelling, visit

<https://www.culturepk.org.uk/event/?event=children-families>

Summer Fun Days: Strathearn Community Campus, Crieff
22nd July: Highland Games
5th August: Highland Games crafts
To book, call 01764 657700

<https://www.facebook.com/StrathearnCC/posts/pfbid02tAP5gWZG3qPWJCdmfvvTf6fXT2HPSJxSn9ciQKNJzmAeSdtGbedWGs7NZUo7MHnpl>

Summer Holiday club run by S.H.I.P (Support, Help and Integration in Perth for young people with additional support needs)
First 5 weeks of school holidays, 8.30am to 5.30pm (charges apply)
Use contact form on website to Book or call 07713 565 120

<https://www.ship-perthshire.co.uk>

Live Active Summer holiday sports camps

<https://liveactive.co.uk/whats-on-offer/junior-activities/holiday-programmes/>



Other Ideas/Events in Perthshire:

<https://www.perthcityandtowns.co.uk>

Play ideas:

<https://www.pkc.gov.uk/article/20095/Play-ideas>

Financial Support:



Scottish Child Payment, Best Start Grants, Best Start Food and more

<https://www.mygov.scot/scottish-child-payment>

Free school meals and clothing grants

<https://www.pkc.gov.uk/freeschoolmeals>



School holiday meals help

<https://www.mygov.scot/primary-school-meals/school-holidays-help>

Cost of Living help

<https://www.pkc.gov.uk/costofliving>



The Big Hoose: provides free essential household items to referred families, with children and young people under 25, who are struggling with the cost of living

<https://www.pkavs.org.uk/the-big-hoose/>

Money worry help (guides in several languages)

<https://worryingaboutmoney.co.uk/perth-and-kinross>



Tax-free childcare: UK Government

<https://www.gov.uk/tax-free-childcare>

Social Security Scotland Young Carer Grant:

<https://www.socialsecurity.gov.scot/young-carer-grant>

Universal Credit

<https://www.gov.uk/universal-credit>



Job Seeker's Allowance:

<https://www.gov.uk/jobseekers-allowance>

Employment and Support Allowance:

<https://www.gov.uk/employment-support-allowance>



Food Support:

<https://www.pkc.gov.uk/article/22136/Local-larders-Food-support-for-people-in-Perth-and-Kinross>



Homeless Support:

<https://cath-org.co.uk>



Support for Parents:

Home-Start Perth and Kinross

[https://homestartperthandkinross.org.uk/about-us/#what we do](https://homestartperthandkinross.org.uk/about-us/#what_we_do)



Employment Support:



Futures for Families: Employment Support for Parents
(Skills, digital grants, travel and interview clothing costs, self-employment grants)

<https://can-campaigns.co.uk/futures-for-families/>

Skills Passport Training Grant:

<https://www.pkc.gov.uk/Skills-Passport-Training-Grant>

Self-employment/business resources:

<https://www.growbiz.co.uk>

Employability Support Programmes: Perth Autism Support

<https://www.facebook.com/reel/1364826195584363>

Service Design Academy: Learn with Support – Core skills for Employability. Fully funded course to support parents towards employment, training or further support. For Parents, carers, guardians or kinship carers experiencing barriers to employment.

<https://learnwithsda.scot/skills>



Whole Family Support:



A directory of *all* family wellbeing services across Perth and Kinross

<https://www.pkc.gov.uk/familysupportdirectory>

Help and Advice:

Perth Citizens Advice Bureau

<https://www.perthcab.org.uk>

Support for Carers:

PKAVS: Support for Young and Adult Carers, Day Club, Shopmobility, Wellbeing activities at The Walled Garden (Perth) + Wisecraft (Blairgowrie)

<https://www.pkavs.org.uk>



Energy Advice:



SCARF: Advice on reducing energy bills

<https://www.scarf.org.uk>

Support from Anti-Poverty Taskforce Partners:

The Gannochy Trust : Grant support, rental housing list, green spaces and more:

<https://www.gannochytrust.org.uk>

Perth and Kinross Council:

<https://www.pkc.gov.uk>

Perth UHI: Studying, Training:

<https://www.perth.uhi.ac.uk>



Support from Anti-Poverty Taskforce Partners:



Broke Not Broken: Anti-Poverty charity in Kinross-shire

<https://brokenotbroken.org>

Joseph Rowntree Foundation: transitioning to a future free from poverty

<https://www.jrf.org.uk>

Mindspace: Supporting mental wellbeing:

<https://mindspacepk.com>

Home Energy Scotland: Energy Advice, green travel:

<https://www.homeenergyscotland.org>



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