



Community Information Session



Courtney Ackerman
Community Coordinator
28.7.26



About Enable

- **Enable Cares**
- **Enable Works**
- **Enable Communities**





About Enable Communities...





Perth and Kinross Community Group

For adults with learning disabilities in Perth and Kinross.

A free social walking group with an optional cafe visit.



Tuesdays
From 1:30 pm till 3:30 pm



Various locations
around Perth
and Kinross.

Courtney Ackerman
Community Co-ordinator



07483487266



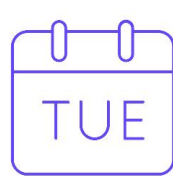
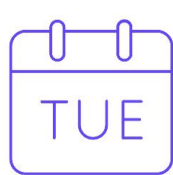
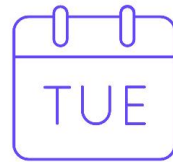
communities@enable.org.uk



Perth and Kinross 2026



 11am-12pm



Coffee Morning in the Choir Vestry.

An inclusive group for individuals
to find out more about Enable,
socialise and access their
community.

Perth Cathedral, St Ninians
North Methven Street
Perth
PH1 5PP

You don't need to be an Enable member to come along!

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Enable Communities in Perth and Kinross

**Reducing
isolation**

**Community
connections**

**Increased
Physical
wellbeing**

**Increased
Mental
wellbeing**

**Park
walks**

**Scavenger
Hunts**

**Museum
visits**

Enable Communities elsewhere

Stirling

- Mondays



Renfrew

- Tuesdays

Enable Head Office

Inspire House, Eurocentral
Quarterly – Wednesday
National Self Advocacy Forum



Glasgow

- Fridays

Milngavie

- Mondays



Edinburgh

- Wednesdays

Enable Direct

We also have Enable Cares and Works teams across most of Scotland.

Enable Direct can direct people to the right service in the right area.



Phone

[0300 0200 101](tel:0300 0200 101)

Email

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Facebook: ACE Connect
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Thank you/Questions

